



COVID Mitigation Plan

This plan is to help prevent the spread of COVID-19 and promote healthy behaviors. These action items will be worked on in partnership with facility operators of different organizations.

Promote Behaviors that Prevent Spread

- Educate people to stay home when sick or when they have been in close contact with someone with COVID-19
- Teach and reinforce practicing hand hygiene and respiratory etiquette
- Teach and reinforce the use of cloth face coverings to protect others (if appropriate)
- Ensure you have accessible sinks and enough supplies that are easily available for people to clean their hands (e.g., soap, hand sanitizer with at least 60% alcohol, and a way to dry hands, such as paper towels or a hand dryer).
- Post signs or posters and promote messaging about behaviors that prevent spread

Maintain Healthy Environments

- Intensify cleaning and disinfection of frequently touched surfaces
- Ensure all water systems are safe to use
- Modify layouts to promote social distance of at least 6 feet between people – especially for persons who do not live together
- Install guides to support social distancing if appropriate
- Close communal spaces, or stagger use and clean and disinfect between use
- Limit sharing of objects, or clean and disinfect between use

Maintain Healthy Operations

- Maintain awareness of local or state regulations
- Train staff on all safety protocols
- Encourage those who share the facilities to also adhere to mitigation strategies
- Put in place communication systems for:
 - Individuals to self-report COVID-19 symptoms, a positive test for COVID-19, or exposure to someone with COVID-19
 - Notifying local health authorities of COVID-19 cases
 - Notifying individuals (employees, customers, students, etc.) of any COVID-19 exposures while maintaining confidentiality in accordance with privacy laws
- Notifying individuals (e.g, employees, customers, students) of any facility closures

Prepare for When Someone Gets Sick

- Prepare to isolate those who are sick to their home
- Encourage individuals who are sick to follow CDC guidance for caring for oneself and others who are sick
- Notify local health officials of any case of COVID-19 while maintaining confidentiality in accordance with the Americans with Disabilities Act (ADA)
- Notify those who have had close contact with a person diagnosed with COVID-19 and advise them to stay home and self-monitor for symptoms, and follow CDC guidance if symptoms develop
- Advise individuals who are sick when it would be safe for them to return based on CDC's criteria to discontinue home isolation
- Close off areas used by someone who is sick. Wait >24 hours before cleaning and disinfecting. Ensure safe and correct use and storage of EPA-approved List N disinfectants including storing products securely away from children.

SAFETY GUIDELINES

1. Temperature checks and survey questions for each child and staff member will be taken upon arrival to the field each Saturday. Individuals with a temperature of 100.4 or higher will not be allowed to participate that day.
2. Check-in tables will be 6ft apart.
3. Each group will be limited to a maximum of nine (9) participants, nine (9) angels (as needed), one coach, and one team parent. Participants will be spaced out 6 feet apart to ensure social distancing.
4. One parent or sibling from each household will work with their child/sibling as the angel volunteer as needed.
5. Participants and parents are to wear a mask at check-in. Volunteers must wear masks during the program and athletes, if tolerated, during the program.
6. Staff must wear a mask at all times.
7. Athletes are encouraged to bring their own equipment. If an athlete does not have equipment League of Dreams has equipment to loan for the duration of the season.
8. Children will remain with their assigned group throughout the duration of the program.
9. There will be no congregating allowed. Parents must remain in designated areas throughout the duration of the program.
10. Participants and staff will be encouraged to use hand sanitizer provided by League of Dreams.
11. Participants and staff will be encouraged to wash their hands after each session.
12. Water fountains and community jugs will not be available. Each participant must bring their own water. Please label with the athlete's name.